

Creek Road Runners

NEWARK, DELAWARE

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RECORD 13 RUNNERS HIGHLIGHT THE 12TH ANNUAL RUN
No thrills, no spills...just great weather and a record crowd!



Creek Road Runners **Dan Simmons, Charlie Riordan, Bob Opila, Steve Goodwin, Bob Bennett, David James, Vic Kaliakin, Angus Repper (CRR guest), Bruce Hubbard, Mo Querey, David Brond, Bill Rose, and Mark Deshon** salute the new year 2011 before wringing out the old.



Fronrunners **Charlie and Bill** complete the loop in around 37 minutes. **Mark (right)** just catches up to **David James** at the end of the run. Strong and tall, **Dan** looks pretty good for an over-60 runner.



Steve finishes another year in good shape.



Early leader **David Bron** finishes strong.



Just back from California, **Vic** comes in next.



Uphill **Bob** (Opila) and downhill **Bob** (Bennett) come in together.



Mo, who loves the Fair Hill trails, finishes her second "Wring Out the Old."



On a bad foot, **Bruce** brings up the rear but shows off classic 10th anniversary shirt.



Bob, **Steve**, and **Charlie** (just back from Hawaii) enjoy good weather and conversation after the run.



Dan gets in a good stretch after finishing.



top: **David** is amazed that his gloves actually worked.
 bottom: Thanks for the Munchkins, **Charlie!**

Vic and **Bob** listen to **Bill** (center) describe his pacesetting strategy. I'm sure he just can't wait until we do this again next year. It's hard to believe the year went by so quickly!

Thirteen runners, including one guest Trail Dawg, came out for the 12th annual running of the "Wring Out the Old, Ring in the New" trail run.

Steve led everyone out, but the field quickly spread out; by the time we had run to the northernmost point on the course (about a mile in), there was about a 150-yard distance between **David James** and **Angus** at the front and **Bruce** at the back.

David Brond made a move for the lead going downhill into the woods and held it all along the creek. After the turn, **Bill** came up, and he and **David James** pushed forward to catch up with the leader as the field headed up the mid-course hill. **Charlie**, who had been lurking comfortably behind while chatting with **Vic**, made a move on the hill to catch the new leaders. **Charlie**, **Vic**, and **David James** led the group on the downhill to the base of the "monster" (Meunster Hill), having flushed out four deer along the way, with **Mark** and **Angus** not too far behind. **Angus**, for whom this was also a working run, began going off course to mark portions of a trail for an upcoming Trail Dawgs run. **Dan** was by himself in the middle of the pack for much of the run, no doubt training for a New Year's Day race. **Vic** and **Steve** followed. By then **David Brond** ("I thought this was a two-mile course!") had dropped back. The two **Bobs** were jockeying back and forth, Bennett catching up on the downhills, Opila pushing the uphill. **Mo** and **Bruce** rounded out the field.

Bill and **Charlie** put distance on **David James** on the hill and made it to the finish ahead of the field. **Mark**, who had just returned from South Florida, caught up with a coasting **David James** right before the end of the run.

Everyone agreed, the weather was remarkable (though not quite like Florida, California, or Hawaii), which made for an enjoyable run.

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